

	<b>AM Snack</b>	<b>PM Snack (with Milk)</b>	<b>Fruit/Changes</b>
July 2	Warm Oatmeal, Milk, Strawberries	Whole Wheat Pasta, Butter, Parmesan Peas	
July 3	Homemade Oat Bars (Vegan), Fruit	COOKING PROJECT + Fruit	Red, White, & Blue Parfait
July 4	CLOSED	CLOSED	
July 5	Chia Yogurt, Fruit	Sausage, Brown Rice, Cauliflower, Broccoli, Parmesan	
July 6	Cottage Cheese, Berries	Slow Cooker Salsa Chicken Rice Bowls (w/ veggies)	
	<b>AM Snack</b>	<b>PM Snack (with Milk)</b>	<b>Fruit/Changes</b>
July 9	Bananas, Sunbutter, Hemp/Chia Seeds, Cinnamon	Cucumbers, Tomatoes, Mozzarella (ball)	
July 10	Overnight Oats, Fruit	COOKING PROJECT + Fruit	Crispy Chicken
July 11	Berries, Yogurt	Veggies, Yogurt Tzatziki	
July 12	Coconut Chia Pudding (Vegan)	Tuna & Veggie Cakes, Fruit	
July 13	Turkey Bacon, Fruit	Mac & Cheese, Broccoli	
	<b>AM Snack</b>	<b>PM Snack (with Milk)</b>	<b>Fruit/Changes</b>
July 16	Granola, Yogurt, Berries or Raisins	Cheese, Cucumbers, Seaweed-Rice Chips	
July 17	Turkey, Riced Broccoli, Cinnamon Sweet Potatoes	COOKING PROJECT + Fruit	Broccoli Quinoa Bites
July 18	Homemade Oat Bars, Fruit	Triscuits, Hummus, Fruit, Roasted Vegetable	
July 19	Overnight Oats, Fruit	Veggie Stir Fry, Rice, Pineapple	
July 20	Chicken Sausage, Fruit	Sunbutter-Banana Bars (vegan)	
	<b>AM Snack</b>	<b>PM Snack (with Milk)</b>	<b>Fruit/Changes</b>
July 23	Breakfast Bars, Yogurt	Crackers, Bell Peppers, Cheese (mozz)	
July 24	Warm Oatmeal, Milk, Strawberries	COOKING PROJECT + Fruit	Blueberry Frozen Yogurt in a Bag
July 25	Homemade Blueberry Breakfast Cookies	Chicken Nuggets, Green Beans, Fruit	
July 26	Banana-Yogurt-Chia Pudding, Strawberries	Sesame Noodles, Cucumbers	
July 27	Cinnamon Raisin Toast, Butter, Fruit	Peas, Tomatoes, Cheddar + Birthday Party	Birthday Party
	<b>AM Snack</b>	<b>PM Snack (with Milk)</b>	<b>Fruit/Changes</b>
July 30	Cereal, Applesauce, Milk	Cucumbers, Tomatoes, Mozzarella (ball)	
July 31	Overnight Oats, Fruit	COOKING PROJECT + Applesauce, Goldfish	Treasure Chest Brown Rice Crispy Treats
Aug 1	Mixed Berry, Spinach, Banana, & Avocado Smoothie	Cucumbers, Tomatoes, Mozzarella (ball)	
Aug 2	Coconut Milk Chocolate Pudding	Broccoli, Cheese, Crackers	
Aug 3	Mini Muffins, Fruit	Peas, Sweet Potatoes, Fruit	