

April		AM Snack	PM Snack (with Milk)
	Monday	Cereal and Milk / Breakfast Bars and Yogurt / Granola and Yogurt, Fruit / Banana Sunbutter Bowls / Applesauce	Crackers, Cheese, Vegetable, Fruit
	Tuesday	Oatmeal or Overnight Oats or Baked Oatmeal	COOKING PROJECT + Applesauce, Goldfish
	Wednesday	Homemade - Bars, Muffins, Blueberry Cookies	Packaged/Pasta, Vegetables
	Thursday	Smoothie or Yogurt or Chia Pudding	Homemade
	Friday	Meat or Cottage Cheese, Fruit or Vegetables	Vegetables, Protein/Fat Dip, Fruit
		AM Snack	PM Snack (with Milk)
April 1	Monday	Applesauce, Toast	Whole Wheat Pasta, Butter, Parmesan Peas
April 2	Tuesday	Chia Yogurt, Fruit	Chicken Nuggets, Green Beans, Dried Fruit
April 3	Wednesday	Cottage Cheese, Berries	Rice crackers, Mozzarella sticks, tomatoes and Fruit
April 4	Thursday	Cinnamon Raisin Toast, Fruit	COOKING PROJECT + Fruit
April 5	Friday	Cereal and Milk, Fruit	Raw Veggies and Hummus
		AM Snack	PM Snack (with Milk)
April 8	Monday	Banana, Sunbutter & Oats	Potatoes w/Olive Oil, Salt & Pepper
April 9	Tuesday	Yogurt, Berries & Milk	Seaweed-Rice Crackers, Cheddar, Fruit
April 10	Wednesday	Turkey Bacon, Fruit	Fish Sticks, Applesauce, Cucumbers
April 11	Thursday	Breakfast Bars, Fruit	COOKING PROJECT + Fruit
April 12	Friday	Wheat Bagels, Sunbutter & Fruit	Raw Veggies and Hummus
		AM Snack	PM Snack (with Milk)
April 15	Monday	Granola, Yogurt, Berries or Raisins	Mac & Cheese, Peas
April 16	Tuesday	Spinach, Mango, Banana, Coconut Milk Smoothie	Triscuits, Mozzarella Sticks, Fruit
April 17	Wednesday	Oatmeal, Berries	Whole Wheat Pasta, Butter, Parmesan Peas
April 18	Thursday	Mini Waffles, Fruit	COOKING PROJECT + Fruit
April 19	Friday	Chia Yogurt, Fruit	English Muffin Cheese Pizza
		AM Snack	PM Snack (with Milk)
April 22	Monday	Pancakes, Fruit	Veggie Sticks, Hummus, Fruit
April 23	Tuesday	Cereal and Milk	Homemade Sesame Noodles & Cucumbers
April 24	Wednesday	Applesauce, Toast	Chicken Nuggets, Green Beans, Dried Fruit
April 25	Thursday	Turkey Bacon, Fruit	COOKING PROJECT + Fruit
April 26	Friday	Cottage Cheese, Berries	Raw Veggies and Hummus

		AM Snack	PM Snack (with Milk)
April 29	Monday	Cinnamon Raisin Toast, Fruit	Sunbutter Sandwiches and Fruit
April 30	Tuesday	Spinach, Mango, Banana, Coconut Milk Smoothie	Potatoes w/Olive Oil, Salt & Pepper