

May		AM Snack	PM Snack (with Milk)	Fruit/Changes
	Monday	Cereal and Milk / Breakfast Bars and Yogurt / Granola and Yogurt, Fruit / Banana Sunbutter Bowls / Applesauce	Crackers, Cheese, Vegetable, Fruit	
	Tuesday	Oatmeal or Overnight Oats or Baked Oatmeal	COOKING PROJECT + Applesauce, Goldfish	
	Wednesday	Homemade - Bars, Muffins, Blueberry Cookies	Packaged/Pasta, Vegetables	
	Thursday	Smoothie or Yogurt or Chia Pudding	Homemade	
	Friday	Meat or Cottage Cheese, Fruit or Vegetables	Vegetables, Protein/Fat Dip, Fruit	
		AM Snack	PM Snack (with Milk)	
May 1	Wednesday	Applesauce, Toast	Whole Wheat Pasta, Butter, Parmesan Peas	
May 2	Thursday	Chia Yogurt, Fruit	COOKING PROJECT + Fruit	Fruit/Changes
May 3	Friday	Cottage Cheese, Berries	Chicken Nuggets, Green Beans, Dried Fruit	
		AM Snack	PM Snack (with Milk)	
May 6	Monday	Cinnamon Raisin Toast, Fruit	Rice crackers, Mozzarella sticks, tomatoes and Fruit	
May 7	Tuesday	Cereal and Milk, Fruit	Raw Veggies and Hummus	
May 8	Wednesday	Banana, Sunbutter & Oats	Potatoes w/Olive Oil, Salt & Pepper	
May 9	Thursday	Yogurt, Berries & Milk	COOKING PROJECT + Fruit	Fruit/Changes
May 10	Friday	Turkey Bacon, Fruit	Seaweed-Rice Crackers, Cheddar, Fruit	
		AM Snack	PM Snack (with Milk)	
May 13	Monday	Breakfast Bars, Fruit	Fish Sticks, Applesauce, Cucumbers	
May 14	Tuesday	Wheat Bagels, Sunbutter & Fruit	Raw Veggies and Hummus	
May 15	Wednesday	Granola, Yogurt, Berries or Raisins	Mac & Cheese, Peas	
May 16	Thursday	Spinach, Mango, Banana, Coconut Milk Smoothie	COOKING PROJECT + Fruit	
May 17	Friday	Sliced Apples, Sunbutter & Graham Crackers	Triscuits, Mozzarella Sticks, Fruit	Fruit/Changes
		AM Snack	PM Snack (with Milk)	
May 20	Monday	Mini Waffles, Fruit	Whole Wheat Pasta, Butter, Parmesan Peas	
May 21	Tuesday	Chia Yogurt, Fruit	English Muffin Cheese Pizza	
May 22	Wednesday	Cereal and Milk	Veggie Sticks, Hummus, Fruit	
May 23	Thursday	Cinnamon Raisin Toast, Fruit	COOKING PROJECT + Fruit	
May 24	Friday	Applesauce, Toast	Homemade Sesame Noodles & Cucumbers	Fruit/Changes
		AM Snack	PM Snack (with Milk)	
May 27	Monday	Turkey Bacon, Fruit	Chicken Nuggets, Green Beans, Dried Fruit	
May 28	Tuesday	Cottage Cheese, Berries	Raw Veggies and Hummus	
May 29	Wednesday	Wheat Bagels, Sunbutter & Fruit	Potatoes w/Olive Oil, Salt & Pepper	
May 30	Thursday	Cinnamon Raisin Toast, Fruit	COOKING PROJECT + Fruit	
May 31	Friday	Breakfast Bars & Fruit	Sunbutter Sandwiches & Fruit	