

June		AM Snack	PM Snack (with Milk)	Fruit/Changes
	Monday	Cereal and Milk / Breakfast Bars and Yogurt / Granola and Yogurt, Fruit / Banana Sunbutter Bowls / Applesauce	Crackers, Cheese, Vegetable, Fruit	
	Tuesday	Oatmeal or Overnight Oats or Baked Oatmeal	COOKING PROJECT + Applesauce, Goldfish	
	Wednesday	Homemade - Bars, Muffins, Blueberry Cookies	Packaged/Pasta, Vegetables	
	Thursday	Smoothie or Yogurt or Chia Pudding	Homemade	
	Friday	Meat or Cottage Cheese, Fruit or Vegetables	Vegetables, Protein/Fat Dip, Fruit	
		AM Snack	PM Snack (with Milk)	
June 3	Monday	Applesauce, Toast	Whole Wheat Pasta, Butter, Parmesan Peas	
June 4	Tuesday	Chia Yogurt, Fruit	Chicken Nuggets, Green Beans, Dried Fruit	Fruit/Changes
June 5	Wednesday	Cinnamon Raisin Toast, Fruit	Rice crackers, Mozzarella sticks, tomatoes and Fruit	
June 6	Thursday	Breakfast Bars & Fruit	COOKING PROJECT + Fruit	
June 7	Friday	Cereal and Milk	Sunbutter Sandwiches & Fruit	
		AM Snack	PM Snack (with Milk)	
June 10	Monday	Banana, Sunbutter & Oats	Potatoes w/Olive Oil, Salt & Pepper	
June 11	Tuesday	Yogurt, Berries & Milk	Seaweed-Rice Crackers, Cheddar, Fruit	Fruit/Changes
June 12	Wednesday	Turkey Bacon, Fruit	Fish Sticks, Applesauce, Cucumbers	
June 13	Thursday	Cottage Cheese, Berries	COOKING PROJECT + Fruit	
June 14	Friday	Mini Waffles, Fruit	Veggie Sticks, Hummus, Fruit	
		AM Snack	PM Snack (with Milk)	
June 17	Monday	Granola, Yogurt, Berries or Raisins	Mac & Cheese, Peas	
June 18	Tuesday	Spinach, Mango, Banana, Coconut Milk Smoothie	Triscuits, Mozzarella Sticks, Fruit	
June 19	Wednesday	Sliced Apples, Sunbutter & Graham Crackers	Whole Wheat Pasta, Butter, Parmesan Peas	Fruit/Changes
June 20	Thursday	Breakfast Bars & Fruit	COOKING PROJECT + Fruit	
June 21	Friday	Wheat Bagels, Sunbutter & Fruit	Raw Veggies and Hummus	
		AM Snack	PM Snack (with Milk)	
June 24	Monday	Cereal and Milk	Veggie Sticks, Hummus, Fruit	
June 25	Tuesday	Cinnamon Raisin Toast, Fruit	Homemade Sesame Noodles & Cucumbers	
June 26	Wednesday	Applesauce, Toast	Chicken Nuggets, Green Beans, Dried Fruit	Fruit/Changes
June 27	Thursday	Turkey Bacon, Fruit	COOKING PROJECT + Fruit	
June 28	Friday	Cottage Cheese, Berries	Potatoes w/Olive Oil, Salt & Pepper	