

February		<b>AM Snack</b>	<b>PM Snack (with Milk)</b>	<b>Fruit/Changes</b>	
		<b>Monday</b>	Cereal and Milk / Breakfast Bars and Yogurt / Granola and Yogurt, Fruit / Banana Sunbutter Bowls / Applesauce	Crackers, Cheese, Vegetable, Fruit	
		<b>Tuesday</b>	Oatmeal or Overnight Oats or Baked Oatmeal	COOKING PROJECT + Applesauce, Goldfish	
		<b>Wednesday</b>	Homemade - Bars, Muffins, Blueberry Cookies	Packaged/Pasta, Vegetables	
		<b>Thursday</b>	Smoothie or Yogurt or Chia Pudding	Homemade	
		<b>Friday</b>	Meat or Cottage Cheese, Fruit or Vegetables	Vegetables, Protein/Fat Dip, Fruit	
		<b>AM Snack</b>	<b>PM Snack (with Milk)</b>		
Feb. 3	<b>Monday</b>	Mini Waffles, Fruit	Banana Slices & Graham Crackers		
Feb. 4	<b>Tuesday</b>	Breakfast Bars & Fruit	Sweet Potatoes & Fruit		
Feb. 5	<b>Wednesday</b>	Rice Cakes & Apple Butter	Cheddar Cheese & Fruit		
Feb. 6	<b>Thursday</b>	Oatmeal, Berries	COOKING PROJECT + Fruit	<b>Fruit/Changes</b>	
Feb. 7	<b>Friday</b>	Breakfast Burrito w/ Cheese & Crumbled Sausage, Fruit	Veggie Sticks, Hummus, Fruit		
		<b>AM Snack</b>	<b>PM Snack (with Milk)</b>		
Feb. 10	<b>Monday</b>	Applesauce, Toast	Mac & Cheese, Peas, Fruit		
Feb. 11	<b>Tuesday</b>	French Toast & Fruit	Jam/ Jelly Sandwiches, Fruit		
Feb. 12	<b>Wednesday</b>	English Muffins w/ Cheese & Fruit	Whole Wheat Pasta, Butter, Parmesan & Peas		
Feb. 13	<b>Thursday</b>	Sliced Apples & Graham Crackers	COOKING PROJECT + Fruit		
		<b>AM Snack</b>	<b>PM Snack (with Milk)</b>		
Feb. 18	<b>Tuesday</b>	Berry, Coconut Milk Smoothie	Tortilla Chips & Salsa		
Feb. 19	<b>Wednesday</b>	Breakfast Bars & Fruit	Carrots w/ Ranch Dressing & Mozeralla Sticks & Fruit	<b>Fruit/Changes</b>	
Feb. 20	<b>Thursday</b>	Minni Pancakes & Fruit	COOKING PROJECT + Fruit		
Feb. 21	<b>Friday</b>	Cereal and Milk	Fish Sticks, Applesauce		
		<b>AM Snack</b>	<b>PM Snack (with Milk)</b>	<b>Fruit/Changes</b>	
Feb. 24	<b>Monday</b>	Yogurt, Fruit	Chicken Nuggets, Green Beans, Dried Fruit		
Feb. 25	<b>Tuesday</b>	Applesauce, Toast	Snack Mix & Fruit		
Feb. 26	<b>Wednesday</b>	Rice Cakes & Apple Butter	Rice crackers, Mozzarella sticks, tomatoes and Fruit		
Feb. 27	<b>Thursday</b>	Minni Pancakes & Fruit	COOKING PROJECT + Fruit		
Feb. 28	<b>Friday</b>	Bananas and Sunbutter	Cheddar Cheese & Fruit		