

June		AM Snack	PM Snack (with Milk)	Fruit/Changes
	Monday	Cereal and Milk / Breakfast Bars and Yogurt / Granola and Yogurt, Fruit / Banana Sunbutter Bowls / Applesauce	Crackers, Cheese, Vegetable, Fruit	
	Tuesday	Oatmeal or Overnight Oats or Baked Oatmeal	COOKING PROJECT + Applesauce, Goldfish	
	Wednesday	Homemade - Bars, Muffins, Blueberry Cookies	Packaged/Pasta, Vegetables	
	Thursday	Smoothie or Yogurt or Chia Pudding	Homemade	
	Friday	Meat or Cottage Cheese, Fruit or Vegetables	Vegetables, Protein/Fat Dip, Fruit	
		AM Snack	PM Snack (with Milk)	Fruit/Changes
June 1	Tuesday	Sausage & Fruit	Fish Sticks & Green Beans	
June 2	Wednesday	Bannanas and Honey	Tortilia Chips & Salsa & Fruit	
Jun. 3	Thursday	Breakfast Bars & Fruit	COOKING PROJECT & Fruit	
June 4	Friday	Granola & Yogurt	Grilled Cheese Sandwich & Cooked Broccoli	
		AM Snack	PM Snack (with Milk)	Fruit/Changes
June 7	Monday	Rice Cakes & Apple Butter	Jam/ Jelly Sandwichess	
June 8	Tuesday	Yogurt & Berries	Mac & Cheese & Peas	
June 9	Wednesday	French Toast & Fruit	Pretzels & Raisins	
June 10	Thursday	English Muffins w/ Cheese & Fruit	COOKING PROJECT & Fruit	
June 11	Friday	Mini Pancakes & Fruit	Veggie Sticks & a Fruit	
		AM Snack	PM Snack (with Milk)	Fruit/Changes
June 14	Monday	Cereal and Milk	Goldfish Crackers & Sliced Peppers	
June 15	Tuesday	Cinnamon Raisin Toast, Fruit	COOKING PROJECT & Fruit	
June 16	Wednesday	Yogurt, Fruit	Cheddar Cheese & Raisins	
June 17	Thursday	Applesauce, Toast	Goldfish Crackers & Sliced Peppers	
June 18	Friday	Cereal & Milk	Jam/ Jelly Sandwichess	
		AM Snack	PM Snack (with Milk)	
June 21	Monday	Mini Waffles & Fruit	Rice crackers & Dried Fruit	
June 22	Tuesday	Bananas and Honey	Pretzels & Raisins	
June 23	Wednesday	Cereal & Milk	Rice Cakes & Apple Butter	
June 24	Thursday	Yogurt & Fruit	Cooked Carrots & Fruit	
June 25	Friday	Granola, Berries	Chicken Nuggets & Green Beans	
		AM Snack	PM Snack (with Milk)	
Jun. 28	Monday	Breakfast Bars & Fruit	Fish sticks& Green Beans	
June 29	Tuesday	Granola, Berries	Tortilla Chips & Salsa & Fruit	
June 30	Wednesday	Sausage & Sliced Apples	Grilled Cheese Sandwich & Cooked Broccoli	