

		<b>AM Snack</b>	<b>PM Snack (with Milk)</b>	<b>Fruit/Changes</b>
<b>February 2022</b>		Cereal and Milk / Breakfast Bars and Yogurt / Granola and Yogurt, Fruit / Banana Sunbutter Bowls / Applesauce	Crackers, Cheese, Vegetable, Fruit	
	<b>Monday</b>	Oatmeal or Overnight Oats or Baked Oatmeal	COOKING PROJECT + Applesauce, Goldfish	
	<b>Tuesday</b>	Homemade - Bars, Muffins, Blueberry Cookies	Packaged/Pasta, Vegetables	
	<b>Wednesday</b>	Smoothie or Yogurt or Chia Pudding	Homemade	
	<b>Thursday</b>	Meat or Cottage Cheese, Fruit or Vegetables	Vegetables, Protein/Fat Dip, Fruit	
	<b>Friday</b>			
	<b>Thursday</b>			
	<b>Friday</b>			
		<b>AM Snack</b>	<b>PM Snack (with Milk)</b>	<b>Fruit/Changes</b>
January 31	<b>Monday</b>	Cereal & Milk	Chicken Nuggets & Cucumber	
February 1	<b>Tuesday</b>	Breakfast Bars & Fruit	COOKING PROJECT	
February 2	<b>Wednesday</b>	Granola & Fruit	Cheddar Cheese Rice Cakes & Broccoli	
February 3	<b>Thursday</b>	Yogurt & Fruit	Graham crackers & Dried Fruit	
February 4	<b>Friday</b>	Rice Cakes & Apple Butter	Veggie Sticks & Fruit	
		<b>AM Snack</b>	<b>PM Snack (with Milk)</b>	<b>Fruit/Changes</b>
February 7	<b>Monday</b>	French Toast & Fruit	Mac & Cheese & Peas	
February 8	<b>Tuesday</b>	Cereal & Milk	COOKING PROJECT + Fruit	
February 9	<b>Wednesday</b>	English Muffins w/ Jelly	Pasta w/ Butter, Parmesan & raw peppers	
February 10	<b>Thursday</b>	Sliced Apples & Graham Crackers	Crackers + Cucumbers	
February 11	<b>Friday</b>	Sausage & Fruit	Grilled Cheese Sandwiches & Fruit	
		<b>AM Snack</b>	<b>PM Snack (with Milk)</b>	<b>Fruit/Changes</b>
February 14	<b>Monday</b>	Cereal & Milk	Crackers + Cucumbers	
February 15	<b>Tuesday</b>	Minni pancakes & Fruit	COOKING PROJECT	
February 16	<b>Wednesday</b>	Cottage Cheese & Berries	Cheese Quesadillas, Applesauce	
February 17	<b>Thursday</b>	Banannas & Honey	Motzarella sticks & grape tomatoes	
February 18	<b>Friday</b>	Yogurt & Fruit	Cooked carrots & Fruit	
		<b>AM Snack</b>	<b>PM Snack (with Milk)</b>	<b>Fruit/Changes</b>
February 21	<b>Monday</b>	Minni Waffles & Fruit	Pirate Booty & Grape Tomatoes	
February 22	<b>Tuesday</b>	Applesauce, Toast	COOKING PROJECT	
February 23	<b>Wednesday</b>	Sliced Apples w/ Cheese	Goldfish & Fruit	
February 24	<b>Thursday</b>	Granola & Raisins	Sweet Peppers & Dip	
February 25	<b>Friday</b>	Sausage & Fruit	Tortilla Chips & Salsa	
		<b>AM Snack</b>	<b>PM Snack (with Milk)</b>	<b>Fruit/Changes</b>
February 28	<b>Monday</b>	Cereal & Milk	Chicken Nuggets & Cucumber	