

April 2022		AM Snack	PM Snack (with Milk)	Fruit/Changes
	Monday	Cereal and Milk / Breakfast Bars and Yogurt / Granola and Yogurt, Fruit / Banana Sunbutter Bowls / Applesauce	Crackers, Cheese, Vegetable, Fruit	
	Tuesday	Oatmeal or Overnight Oats or Baked Oatmeal	COOKING PROJECT + Applesauce, Goldfish	
	Wednesday	Homemade - Bars, Muffins, Blueberry Cookies	Packaged/Pasta, Vegetables	
	Thursday	Smoothie or Yogurt or Chia Pudding	Homemade	
	Friday	Meat or Cottage Cheese, Fruit or Vegetables	Vegetables, Protein/Fat Dip, Fruit	
		AM Snack	PM Snack (with Milk)	Fruit/Changes
April 4	Monday	Oatmeal & Milk	Pretzels, Raisins	
April 5	Tuesday	Cinnamon Raisin Toast, Fruit	COOKING PROJECT & Fruit	
April 6	Wednesday	Mini Waffles & Fruit	Chicken Nuggets, Broccoli	
April 7	Thursday	Bananas and Honey	Cheddar Cheese & Raisins	
April 8	Friday	Cereal & Milk	Goldfish Crackers & Sliced Peppers	
		AM Snack	PM Snack (with Milk)	Fruit/Changes
April 11	Monday	English Muffins w/ Cheese	Graham Crackers & Fruit	
April 12	Tuesday	French Toast Sticks & Dried Fruit	COOKING PROJECT & Fruit	
April 13	Wednesday	Breakfast Bars & Fruit	Veggie Chips & Fruit	
April 14	Thursday	Yogurt & Berries	Grilled Cheese Sandwich & Cucumber	
April 15	Friday	Applesauce, Toast	Whole Wheat Pasta, Butter, Parmesan, peas	
		AM Snack	PM Snack (with Milk)	Fruit/Changes
April 18	Monday	Cereal & Fruit	Tortilla Chips & Salsa	
April 19	Tuesday	Oatmeal & Milk	COOKING PROJECT + Fruit	
April 20	Wednesday	Minni Pancakes, Fruit	Cheese Quesadillas & Fruit	
April 21	Thursday	Breakfast Bars & Fruit	Glodfish crackers & Applesauce	
April 22	Friday	Cinnamon Raisin Toast, Fruit	Tuna Fish & Crackers	
		AM Snack	PM Snack (with Milk)	Fruit/Changes
April 25	Monday	English Muffins w/ Butter	Chicken Nuggets, Broccoli	
April 26	Tuesday	Breakfast Sausage & Fruit	COOKING PROJECT + Fruit	
April 27	Wednesday	Granola & Berries	Motzarella Sticks & Grape tomatoes	
April 28	Thursday	Bananas and Honey	Pretzels & Cream Cheese	
April 29	Friday	Waffles & Berries	Fish Sticks & Green Beans	